



# COLLEGE "FIT" PROJECT

WHAT SCHOOLS ARE THE RIGHT FIT FOR YOU!



Directions: Please use the fillable PDF to fill out this form on a computer or mobile device. When completed, save by choosing "Print" and then "save as PDF" on your computer or take a screenshot to keep a record of your answers.

**Step 1: Areas of Importance:** Please check the top 10 items that are important to you when selecting a school/program. Refer to the definition list for clarity.

Academics		Financial		Social		Personal/Development	
<input type="checkbox"/>	Tutoring	<input type="checkbox"/>	State/Local Aid	<input type="checkbox"/>	Program Community	<input type="checkbox"/>	Career Development
<input type="checkbox"/>	Books	<input type="checkbox"/>	Accessible Scholarships	<input type="checkbox"/>	Ethnic/Cultural Community	<input type="checkbox"/>	Mental Health
<input type="checkbox"/>	Class Sizes	<input type="checkbox"/>	Emergency housing/funding	<input type="checkbox"/>	Student Support Office	<input type="checkbox"/>	Health and Fitness
<input type="checkbox"/>	Office Hours	<input type="checkbox"/>	Need-based Aid	<input type="checkbox"/>	Student Social Activities	<input type="checkbox"/>	Dietary Health/Education
<input type="checkbox"/>	Courses	<input type="checkbox"/>	Financial Aid Support	<input type="checkbox"/>	On Campus Events	<input type="checkbox"/>	Housing Security
<input type="checkbox"/>	Study Areas	<input type="checkbox"/>	Financial Literacy Workshops	<input type="checkbox"/>	Commuter Experience	<input type="checkbox"/>	Networking
<input type="checkbox"/>	Technology support	<input type="checkbox"/>	UpperClassmen Scholarships	<input type="checkbox"/>	Cultural Exposure	<input type="checkbox"/>	Research Opportunities
<input type="checkbox"/>	Internship/Co-op	<input type="checkbox"/>	Transfer Financial Aid	<input type="checkbox"/>	Student Orgs/Greek Life	<input type="checkbox"/>	On Campus Employment
<input type="checkbox"/>	Graduation Rates	<input type="checkbox"/>	Cost of Attendance	<input type="checkbox"/>	Student Leadership	<input type="checkbox"/>	Summer Employment
<input type="checkbox"/>	Transfer Policy	<input type="checkbox"/>	SAP Policies	<input type="checkbox"/>	Study Abroad	<input type="checkbox"/>	Location
<input type="checkbox"/>	Honors Program	<input type="checkbox"/>	Appeals	<input type="checkbox"/>	Volunteer Opportunities	<input type="checkbox"/>	Eco-Friendly
<input type="checkbox"/>	Freshman Forgiveness	<input type="checkbox"/>	Fee Waivers	<input type="checkbox"/>	Athletics/Sporting Events	<input type="checkbox"/>	Mentor Programs

**Step 2: College Match Tool:** Using your GPA and SAT/PSAT Score, use the link/QR code at the top of the page to access the College Match Tool to create your college list. If you do not have a SAT/PSAT Score please use the Score Simulator.

**Step 3: College List:** Using the selected areas in Step 1, research to identify which schools from your college match list have most or all of your Areas of Importance. List top 4 schools in each category below. Be sure to write the school under the appropriate label listed from the college match tool.

Reach School	Match School	Safety School

## Congratulations!

With the completion of the list above, you have identified your top 12 schools to apply to your senior year of high school. Feel free to revisit this list each year leading up to your senior year to update accordingly. Never select a school without ensuring they have all/most of the areas of importance to support your success!

## COLLEGE "FIT" PROJECT WORD BANK

### Academics

- Books - Textbooks for classes that can be free or low cost.
- Class Sizes - Number of students that make up how big or small a class is.
- Courses - Classes that you must take for school (ex. Biology for nursing)
- Internship/Co-op - Student job to gain experience in area of interest.
- Freshman Forgiveness - Allowing new students to retake classes they got a low grade in.
- Graduation Rates - Percentage of students who started college that graduate. Can be calculated by race and gender.
- Honors Program - Classes for students who do well to study harder topics.
- Office Hours - Meeting with teachers to get help on class work.
- Study Areas - Specific areas to do homework after classes.
- Technology support - Free computer labs, laptops, or technology needed for class.
- Transfer Policy - How easy it is to change from one college to another.
- Tutoring - Private lessons on class subjects that can be free or low cost.

### Financial

- Accessible Scholarships - Scholarships offered based on you, your upbringing, skills or performance.
- Appeals - Requesting more money for college.
- Cost of Attendance - Total cost of college for one year.
- Emergency funding - Money for emergencies provided by the college.
- Fee Waivers - Allows students to not pay money for certain things because they can't afford it.
- Financial Aid Support - Office that deals with student scholarships and money for college.
- Financial Literacy Workshops - Workshops on saving money, paying bills, using banks, etc.
- Need-based Aid - Money for college based on how much (or little) your family makes.
- SAP Policies - Certain grades that determine if you can continue receiving money for college.
- State/Local Aid - Money offered by the state or local area to help pay for college.
- Transfer Financial Aid - Money for college that can be moved to a different school if you want to change schools.
- Upper Classmen Scholarships - Application for free money for students who have been in college longer than 1 year.

### Personal/Development

- Alumni Networking - Meeting and talking with others who attended the same school as you to learn and grow.
- Career Development Offices - Helps to prepare you to get a job after graduation.
- Coaching/Mentor Programs - Programs or people that help you reach your goals.
- Counseling/Mental Health - Someone to talk to about feelings and emotions that affect how we think, feel, and act.
- Dietary Health/Education - Learning and understanding why healthy eating habits are important.
- Eco-Friendly - Protecting the environment by reusing trash for other things.
- Health and Fitness - Getting regular check ups, eating healthy foods and staying active.
- Housing Security - Having a safe place to live.
- Location - Type of area a school is located in (city, country, weather, restaurants, activities etc.)
- On Campus Employment - A job at the college or university you attend.
- Research Opportunities - A chance to study and learn more about a topic.
- Summer Employment - A job that a student does over summer vacation.

### Social

- Athletics/Sporting Events - Fun events you can attend to show school spirit and meet new people.
- Commuter Experience - Driving to and from class every day because you don't live on campus.
- Cultural Exposure - Learning about the importance of other cultures.
- Ethnic/Cultural Community - A group of people who share things like race, language or where they are from.
- On Campus Events - Events to get you involved in campus life.
- Program Community - Finding people with similar interest to learn and grow with.
- Student Leadership - Taking on responsibility and supporting others.
- Student Orgs/Greek Life - A group of students that come together to achieve a goal.
- Student Social Activities - Activities where you can be social and meet new people.
- Student Support Office - Office that helps students be successful.
- Study Abroad - Taking classes in a different country to learn something new.
- Volunteer Opportunities - Using your free time to help in some way that you are not paid for.